

## Johns Model of reflection

Johns model is based on five cue questions which enable you to break down your experience and reflect on the process and outcomes. John (1995) used seminal work by Carper (1978) as the basis for his model exploring aesthetics, personal knowing, ethics and empirics and then encouraging the reflective practitioner to explore how this has changed and improved their practice.

Carper B (1978) Fundamental patterns of knowing in nursing. *Advances in Nursing Science*. 1, 1, 13-23.

Greater Manchester AHP/HCS Life Long Learning Project Team. Hand out 3 Models of reflection. Available URL

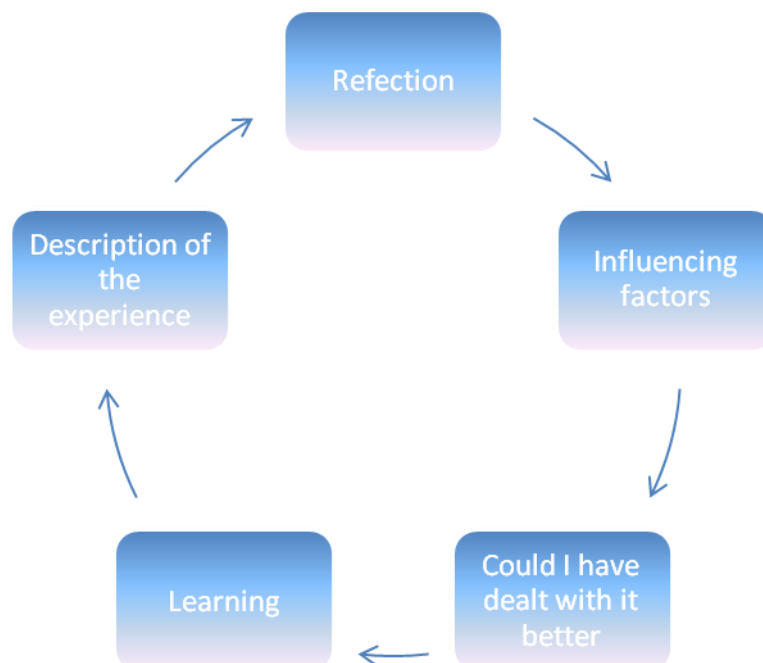
[http://64.233.183.104/search?q=cache:Ta\\_9a2Ad4FUJ:www.bolton.nhs.uk/SHA/LLL/resources/reflective/Framework%2520for%2520Reflection.doc+Johns+Model+of+Structure+Reflection&hl=en&ct=clnk&cd=4&gl=uk](http://64.233.183.104/search?q=cache:Ta_9a2Ad4FUJ:www.bolton.nhs.uk/SHA/LLL/resources/reflective/Framework%2520for%2520Reflection.doc+Johns+Model+of+Structure+Reflection&hl=en&ct=clnk&cd=4&gl=uk)

Accessed 11<sup>th</sup> January 2008

Hilliard C (2006) Using structured reflection on a critical incident to develop a professional portfolio. *Nursing standard* 21 (2) 35-40

Johns C (1995) Framing learning through reflection within Carper's fundamental ways of knowing in nursing. *Journal of Advanced Nursing*. 22, 2, 226-234

## Johns Model of reflection



## **Johns Model of Reflection**

### **Description of the experience**

**Describe the experience and what were the significant factors?**

### **Reflection**

**What was I trying to achieve and what are the consequences?**

### **Influencing factors**

**What things like internal/external/knowledge affected my decision making?**

### **Could I have dealt with it better**

**What other choices did I have and what were those consequences?**

### **Learning**

**What will change because of this experience and how did I feel about the experience**

**How has this experience changed my ways of knowing**

- **Empirics – scientific**
  - **Ethics – moral knowledge**
  - **Personal – self awareness**
  - **Aesthetics – the art of what we do, our own experiences**
-